



Big Brothers Big Sisters
of the 7 Rivers Region

THE BIG PICTURE

April 2018

An agency-wide e-newsletter to keep you updated on Big Brothers Big Sisters of the 7 Rivers Region. Our goal is to keep you updated on local activities in the communities we serve.

Staff Directory

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Jackie Mosiman
Community Relations
Match Specialist

You can email a staff member by clicking on their name above.

Match Pictures!



Quinten and Troy are Everyday Heroes, promoting Bowl for Kids' Sake!



Quick Links

[Website](#)
[Facebook](#)
[Twitter](#)
[Donate](#)

New March Matches!

Eveleth & Megan



Coral & Cassandra



Ava & Allison

April Match Anniversaries

[4 Years](#)
Rashaad & Todd

[3 Years](#)
Fue & Blake

[2 Years](#)
Ashlyn & Maria
Makayla & Amanda

Olivia & Caroline



Jonathan and Jamie talked about their Match at Catered for Kids' Sake!

Child Abuse Prevention Month

April is Child Abuse Prevention Month. Join the Coulee Region Child Abuse Prevention Task Force at some of these events to raise awareness! All activities are FREE and open to the public!

Pinwheels for Prevention

Welcome Spring by helping plant pinwheels in the courtyard of Partners in Excellence in La Crosse! Bring screwdrivers to create holes in the ground for the pinwheels to go into.

When: Friday, April 6th; 4:00-5:00 PM

Where: Partners in Excellence
901 Caledonia Street, La Crosse, WI

Family Fun Expo

Discover dozen of family-friendly businesses and organizations, while enjoying activities such as inflatables, pony rides, and stage shows!

When: Sunday, April 6th; 11:00 AM-4:00 PM

Where: Onalaska Omni Center
255 Riders Club Road, Onalaska, WI 54650

6th Annual Family Fun Walk

Get outside and get moving with this family-

Jeremiah & Luke
Dru & Corey
Nevaeh & Lydia

1 Year

Le Tone & Nicholas
Rayonah & Mikaela
Keonte & Brian
Rabecca & Maria

friendly walk at Myrick Park! Meet at the Gun Shelter and join in on a one-mile walk. There will also be face painting, sidewalk chalk, yoga, and other activities. First 100 kids to walk will receive a goodie bag!

When: Saturday, April 14th, 11:00 AM-1:00 PM

Where: Myrick Park Gun Shelter
2000 La Crosse Street, La Crosse, WI 54601

Important Summer Reminders

Closing Matches

Sometimes matches have to come to an end, say it ain't so! While our goal is that our matches create a relationship that lasts a lifetime, we recognize that participation in our program cannot always last that long. As we enter Spring and Summer, we know many of our Bigs are coming to a transition point in life. Whether that is graduating from college, moving to a new city, beginning a new career, etc. - those changes may call for your official match to end. When we look at the process of closing a match, we want to make sure it is done in a way that allows everyone to develop a healthy sense of closure, especially our Littles. This article addresses some important items to keep in mind when approaching the closure of your match.

We recommend that Bigs and Guardians read the sections of this article that pertain to mentoring relationships: "*When Mentors End the Relationship*" and "*Termination Activities*."

[Click here](#) to view the article.

Reminder to Bigs

With Summer quickly approaching, it is time to start thinking about your summer plans. PLEASE make sure you are communicating your plans with your Little and their guardian. If you are moving for the summer, graduating, etc., please make sure your Little knows what to be

expecting. Even if you cannot physically continue meeting over the summer months, consider keeping your connection strong through weekly phone calls with your Little or writing letters to one another. Brainstorm ideas together!

Support BBBS

Bowl for Kids' Sake



Bowl for Kids' Sake is our signature fundraiser. This year's theme is **Everyday Heroes!** Form a team of 5, or we can put you on a team, raise money for BBBS, bowl, and have FUN! Participants will bowl 2 games, receive a t-shirt, and have the chance to win awesome prizes!

Sign up today at [Bowl for Kids' Sake](#).

Winona: April 19th and 20th at Westgate Bowl
La Crosse: April 25th, 26th, and 27th at All Star Lanes

If you are interested in joining one of our BBBS teams, please contact [Lauren](#).

Butterburgers and BBBS!



Join us on April 18th at Culver's in Winona for a Superhero-themed evening of great food and raising money for Big Brothers Big Sisters. From 5:00-8:00pm, Culver's will donate 10% of all sales to Big Brothers Big Sisters. Kick-off the

warm weather with an evening out to Culver's!

When: April 18th, 5:00-8:00 PM

Where: Culver's in Winona
1441 W Service Drive, Winona, MN 55987

We are looking for volunteers to help serve food and greet guests the night of this event. If you are interested in helping out, please contact [Lauren](#).

Get your taxes done while supporting BBBS!



For more details visit
 hrblockreferrals.com



For office use only ENTER INTO BW CLIENT
TRANSACTION SCREEN: 40010001091740

By using H&R Block to file your taxes, \$20 will be donated to BBBS at no extra cost to you. Please mention Big Brothers Big Sisters of the 7 Rivers Region when you go in and help spread the word!

Upcoming KAMO Activities

Youth Turkey Hunt/Camping Trip

McMullen County Park offers two lakes, hiking trails, bluff views, onsite toilets, and a boundary zone hunting area. Join KAMO for this fun "Intro to Camping" trip!

When: Saturday, April 14th-Sunday, April 15th

Where: McMullen County Park
1703 Atlantic Road, Warrens, WI

Please contact [Mike Brown](#) for more

information.

****You MUST** be approved for overnights in order to spend the night at the campground with your Little. If you don't have overnight approval, you are welcome to attend for a day trip! Contact your Match Specialist with questions.

La Crosse Archery Day

Have you always wanted to try archery? Now is your chance! Instructions and equipment is included and is free!

When: Saturday, April 28th; 1:00-4:00 PM

Where: La Crosse Archery
1231 Oak Forest Drive, Onalaska, WI 54650

OTHER ACTIVITIES

Kids Cook! Earth Day Seedling Muffins

Kids ages 12 and under are invited for a hands-on cooking class to celebrate Earth Day by preparing and sampling healthy muffins. Every child will leave with a new kitchen skill and a free banana!

When: Saturday, April 21st; 10:30-11:30 AM

Where: Bluff Country Co-op
121 W 2nd Street, Winona, MN 55987

Rain Garden at Bluff Country Co-op

Help make the Mississippi River cleaner! Rain Gardens have a big impact on the health of our rivers. You can make the Mississippi River healthier by taking care of the rain garden at Bluff Country Co-op! Everyone can help, no matter your gardening knowledge! If you would like to help keep the Mississippi River clean and "Adopt a Spot" in the rain garden, contact [Caitlin Nicholson](#), Sustainability Coordinator at Bluff Country Co-op.

2nd Saturdays at MAMM!

Minnesota Marine Art Museum and Engage Winona are offering a new series:
\$1 Second Saturdays at the museum!

When: Every Second Saturday; April 14th

Where: Minnesota Marine Art Museum
800 Riverview Drive, Winona, MN 55987

**Explore La Crosse
Visit Winona**

Check out these great websites for activities to do in the area! This is a great resource to stay up to date with community events -- a lot of activity ideas for you and your Little!

[Explore La Crosse Calendar](#)

[Visit Winona Calendar](#)

**Our office will be closed Friday, March 30th.
Wishing everyone an enjoyable and warm
weekend!**



Sincerely,



Big Brothers Big Sisters
of the 7 Rivers Region